



Quick News

Volume 16, Issue 3

MAKE RARI ROAR!

July 2020

Greetings From the President



As the 4th of July approaches, I am reminded that this day stands for the birth of American independence as 13 colonies claimed their independence from England, eventually leading to the formation of the United States. United is a word that resonates with me, from both the perspective of our country as we pull together to stay safe and healthy within the backdrop of Covid-19, and from a more local perspective as we support each other in our reflexology professions.

Mutual support is more critical now than it has ever been. Some of our fellow practitioners in Connecticut have been told they may not practice without a license but not all practitioners have this information. This is a sobering wake up call for all of us and it is more important than ever that every RARI member lend a hand in the coming months and years to help maintain your right to practice. How? Network with Kelly Urso and make yourselves available for a show of support. Speak up when you hear any discussion of how massage and reflexology are the same. Write to your legislators; educate them about reflexology and why it is different. These simple things can have an effect if more than a few people reach out.

There will be a zoom call on **July 14th** regarding the **Connecticut** change in practice. I urge you to attend the call and be informed about what is happening and the possible approaches that will be discussed.

I hope you are enjoying your summer and look forward to being able to meet in person this Fall.

Namaste, *Dawn*

ZOOM RARI MEMBER MEETING— Saturday, July 11, 2020, at 9:00AM.

This will be an open forum (What's on **YOUR** mind) and will last 40 minutes. (possibly go over if ZOOM allows). Kelly Urso will also talk about the latest news in CT.

MEETING INVITATION:

Time: Jul 11, 2020 - 09:00 AM Eastern Time (US and Canada)

Join Zoom Meeting

<https://us04web.zoom.us/j/7853733064?pwd=K0pBVGHqS0cza0orTGw3NkRMbVhPZz09>

Meeting ID: 785 373 3064

Password: 6efri78

PLEASE RESPOND TO THIS EMAIL STATING IF YOU WILL BE ABLE TO ATTEND.

RARI ZOOM CONNECTICUT CONCERNS MTG.—Tuesday, July 14th, at 6:00PM to discuss CT legislation needs/action etc.

(do we have the call details yet?)

Would **YOU** like to be part of the Legislative Committee. If so, contact:

Barbara Hodson: bheavy-hodson@cox.net, Melissa Whited: nrgyhlr17@gmail.com, or Kelly Urso: footprintsreflexologyri@gmail.com.

Practicing Reflexologists in Connecticut must be the ones to contact the Connecticut representative. Connecticut needs a team to work on this with support and information from RARI.



We welcome the newest member to the RARI Board —

Barbara Heavy-Hodson, RN, BSN, MA, NBCR

Barbara is certified in both Hand and Foot Reflexology and is also currently serving as the RARI Delegate to the Reflexology Association of America.

Her Reflexology practice is located in Hope Valley, RI.

Barbara previously spent 30 years in New York City at the Visiting Nurse Service and The New York Hospital as an RN BSN MA and NBCR.

Other News

Our Treasurer, **Dana Moriarty**, will be stepping up to the Delegate Assembly role.

Thanks to **Dee D’Atri** for her service and support as a Delegate. Dee is stepping down as a Delegate, but will remain a Director on the RARI Board.

REFLEXOLOGY DEFINITION

(Approved by RAA, ARCB, NCRE)

Reflexology, an Integrative health practice, maps a reflection of the body predominately on the feet, hands, and outer ears. It uses unique manual techniques to deliver pressure to neural pathways assisting the body to function optimally.