



# Quick News

Volume 16, Issue 2

**MAKE RARI ROAR!**

March 2020



## *Greetings From the President*

I hope you are all doing well under these extreme circumstances in which we find ourselves.

In nursing and medicine, we studied epidemics and pandemics but none of us ever thought we would experience a worldwide pandemic. I am confident that our country is doing all the right things, even with ordered sequestration, closure of businesses and all the other things that make our usual lives challenging. I pray that the peak occurs soon and that the country is able to return to normal in a step by step fashion. Should anyone need help during this time, please reach out and we will find a way to meet your need.

In light of the above, the Board members decided a few weeks ago to postpone Sam Belyea's workshop. I have reached out to Sam and we will look ahead and plan a new date as soon as things settle down.

In the same vein, we also decided not to hold a meeting in May as it looks like we will still be under the restrictions at that time.

The RAA conference was also cancelled for this year, but the plan is to have it next year at the same location so we can look forward to that!

These are trying times for all of us but they also give us an opportunity to re-set ourselves and our businesses:

- I'm redecorating my treatment room and thinking about how to attract more clients in the future.
- If you are changing things up we would love to hear about it.

Please visit our Facebook page <https://www.facebook.com/Reflexology-Association-of-Rhode-Island-992563614246333/> and let us know what you are doing.

Namaste, Dawn

## **NEW REFLEXOLOGY DEFINITION**

(Approved by RAA, ARCB, NCRE)

***Reflexology, an Integrative health practice, maps a reflection of the body predominately on the feet, hands, and outer ears. It uses unique manual techniques to deliver pressure to neural pathways assisting the body to function optimally.***

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### ***Important Websites for help and information***

[www.reflexologyri.com](http://www.reflexologyri.com)—Reflexology Association of R.I.

[www.RIHHA.org](http://www.RIHHA.org) - R.I. Holistic Healing Association

[www.rivellnessguide.com](http://www.rivellnessguide.com)—Free Listing of your business

[www.reflexology-usa.org](http://www.reflexology-usa.org) - Reflexology Association of America

[www.arcb.net](http://www.arcb.net)—American Reflexology Certification Board

[ICR-reflexology.org](http://ICR-reflexology.org)—International Council of Reflexology